

PRESENTERS

Lynn M. Levo, CSJ, Ph.D. is a licensed psychologist, consultant and lecturer. She received her Ph.D. from the University of New York at Albany after completing a clinical internship at the University of Kansas School of Medicine.

In addition to presenting numerous workshops on relationships, intimacy and sexuality both in the U.S. and abroad, Lynn has significant experience consulting with religious congregations of women and men and dioceses. Lynn is a Sister of Saint Joseph of Carondelet.

Additional staff from Saint Luke Institute trained in clinical and counseling psychology, spiritual direction and/or psychodrama also will be part of the staff for these programs.

ABOUT THE VENUE

Washington Retreat House is a five-acre facility with direct access to Catholic University and the National Shrine. It is a short, 10-minute walk from the Brookland/Catholic University Metro station, adjacent to The Catholic University of America campus.

Information in welcome/registration packets will detail a variety of events taking place in the Washington DC area.

WORKSHOP FEES

\$690.00 (U.S.) per person

The workshop fee includes five nights private accommodation, all meals and workshop materials.

OPTIONAL CONSULTATION

Participants will have an opportunity during the workshop to meet with an SLI clinician for a private consultation.

REGISTRATION

Registration is limited to vocation and formation personnel; accommodations are available at the Washington Retreat House as part of registering for this workshop.

Please forward your registration with full payment. Refunds, less a \$50.00 administrative fee, will be made upon request up to 60 days prior to the program.

For more information about this program, please contact:

Saint Luke Institute
Education Department
8901 New Hampshire Avenue
Silver Spring, MD 20903
Tel. 301-422-5499; Fax. 301-422-5400
education@sli.org

FROM PAST PARTICIPANTS

"The people, the experience, the learning and teaching were all full of grace. What a privileged time and place this has been for me."

"Excellent resource materials, references and handouts...participating through the use of case studies helped me with content and skills."

"My own insights as a result of this workshop...the better I know myself, the more effective I can be as I journey with new members."

"The content is excellent and deep...very helpful, both personally and in my formation work. Sexuality is being shown in its positive and life-giving dimension."



SAINT LUKE INSTITUTE

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sponsored by
SAINT LUKE INSTITUTE

Fostering Psycho-Sexual Integration

Intensive Programs for Vocation and Formation Personnel

May 13-18, 2012

Sept. 30-Oct. 5, 2012

Washington, D.C.

FOSTERING PSYCHO-SEXUAL INTEGRATION

These intensive programs are designed exclusively for formation and vocation personnel with the express purpose to:

- Foster a broader understanding of what it means to Be Sexual and Celibate
- Equip participants with means to assess and promote healthy psycho-sexual development and integration
- Provide an opportunity for participants to explore their own sexuality and to identify areas that may need further exploration
- Encourage participants to network and learn from one another in a supportive environment
- Address specific issues or concerns as identified by participants

PROGRAM DESIGN

These intensive programs include input, discussions, small groups, case studies and time for personal reflection to assist participants to apply what they are learning to their personal life journey and to their vocation/formation ministry. Resource materials will be provided and recommended.

“The people, the experience, the learning and teaching were all full of grace...”

Level I: A five-day intensive program designed to assist vocation/formation personnel with a better understanding of *Being Sexual and Celibate* and how to promote ongoing healthy psycho-sexual integration in themselves and in persons in formation.

CONTENT TO BE EXPLORED:

- What is Sexuality?
- Three Aspects of Being Sexual
- Sexual Orientations
- Assessing Psycho-Sexual Development
- Taking a Psycho-Sexual History
- Listening to/Coping with Genitality
- Fostering Healthy Friendships
- Intimacy is not an Option
- Celibacy: What, Why, How?
- Unhealthy Expressions of Sexuality
- The Internet and Cybersex
- Spirituality and Sexuality

SCHEDULE:

- *Sunday: 6:00 pm Arrival (Dinner at 5:30)
7:00 pm Welcome & Introduction
**Friday: 11:30 am Concluding Session & Ritual

We invite participants to come early to take advantage of the many opportunities in Washington, D.C.

- ** *Rooms must be vacated by Friday noon. We recommend that you plan your return flights for 2.5 hours after departing the workshop.*

DATES LEVEL I: May 13-18, 2012; Sept. 30-Oct. 5, 2012

Level II: A three-day intensive program designed to meet the needs of those who have completed Level 1 and wish to address specific issues in greater depth.

(Note: Level II is open only to those who have completed Level I)

CONTENT TO BE EXPLORED:

The topics for this intensive program are developed in consultation with registered participants and usually include further discussion of integrating sexuality, sexual orientation, sexual abuse and its consequences, boundaries and likely celibate challenges over the life span.

Using a case-based format, participants are able to explore issues, how they respond and learn some additional skills for more effective accompaniment.

SCHEDULE:

- Tuesday: 6:00 pm Arrival (Dinner at 5:30)
7:00 pm Welcome & Introduction
**Friday: 11:30 am Concluding Session & Ritual

We invite participants to come early to take advantage of the many opportunities in Washington, D.C.

- ** *Rooms must be vacated by Friday noon. We recommend that you plan your return flights*

DATES LEVEL II: TO BE ANNOUNCED

FOSTERING PSYCHO-SEXUAL INTEGRATION REGISTRATION

Yes, I will attend (*please check one*):

Level I: 5/13-18/2012 9/30-10/5/2012

Level II: TO BE ANNOUNCED

Registration is limited and is accepted **only** with full payment. Please make checks to **Saint Luke Institute** and mail directly to:

Saint Luke Institute
Attn: Education Department
8901 New Hampshire Avenue
Silver Spring, MD 20903

Name

Title

Religious Community/Diocese

Address

City State/Province ZipCode

Telephone

Fax

E-mail